

Mask up, sanitise and vaccinate!

Ten steps

to getting vaccinated for COVID-19

COVID-19



1

Register to receive the vaccine at your nearest pharmacy. Visit the Electronic Vaccination Data System (EVDS) website and select your nearest pharmacy as your preferred location to receive the vaccine.

Make sure you take your ID, driver's license or passport with you on the day of your vaccination.

2



3

Rest and prepare! Get enough sleep on the night before your vaccine.

Do not drink alcohol 24 hours before your vaccination day.

4



5

On the day of your vaccination, wear a T-shirt or top that is easy to fold up to receive the vaccine jab on your upper arm.

When you arrive at your chosen pharmacy, proceed to the vaccination area in the store.

6



7

When it's your turn, a healthcare provider will inject you in the arm with the vaccine. It's quick and with minimal pain.

You will then receive your vaccination certificate. Keep this safe! You might need it again.

8



9

You may be asked to sit in the waiting area for 15 minutes after receiving your jab to monitor you for any side effects.

Go home and rest. You may feel some mild side effects after the jab. You can take paracetamol or a mild painkiller to help.

10

