

Mask up, sanitise and vaccinate!

Seven reasons why vaccinating against COVID-19 benefits you:

Here are 7 reasons you should get vaccinated against COVID-19:

COVID-19



1

The longer you take to get vaccinated, the more you remain at risk of severe illness, hospitalisation and death should you contract the COVID-19 virus.

Not vaccinating increases your risk of developing long COVID even after recovering from the virus. Long-COVID symptoms include memory and concentration problems (brain fog), a change in taste and smell, chronic fatigue, breathing difficulties and an ongoing cough.

2



3

If you test positive for COVID-19 in your household, you're putting everyone who is unvaccinated at high risk of severe illness, hospitalisation and death.

By vaccinating yourself, you're saving the lives of those who cannot vaccinate due to health complications.

4



5

Once you get vaccinated, you can start doing more: visit more friends and family that are also vaccinated, play group sports, and travel overseas without having to quarantine and pay for it.

The longer you stay unvaccinated, the longer you prevent the country from reaching herd immunity. Herd immunity protects everyone because it significantly lowers the infection rate in communities.

6



7

Without herd immunity, we will remain with lockdowns, restrictions and cannot have the freedom to return to our normal lives.